

To top off the experience, a spa associate will pour rose water from a beautiful, ornate decanter over your hands as you make a wish. One thing you don't have to wish for anymore is a non-pretentious place where you can rejuvenate your body and mind. Make a day out of your visit to Spa Om Magie by grabbing a bite to eat at the very popular Souper Jenny right next door before shopping your heart out at the many boutique shops within walking distance.



**kai**  
the medical spa

When the island of Hawaii comes to mind, words such as fragrant beauty and complete serenity float into the subconscious. That's why owner Grace Choung chose the Hawaiian word "Kai" for her medical spa. It means "body of water" and in other Asian languages "to make a change" or "to be healthy," all of which sum up her hopes for her spas in Sandy Springs, Alpharetta and Duluth.

The island may inspire the spa but it's true Southern hospitality that greets you at the door. Smiles from the staff are as warm as the chocolate-colored walls that dress the elegantly designed treatment rooms. While the spa offers a variety of relaxation and beauty treatments, from Swedish massages to its very popular microdermabrasion services, it's the overall, long-term health of their clients that drives their business.

"I've tried to find massage therapists who've worked in chiropractors' offices because we focus a bit more on the medical well-being versus just feeling good," Choung said. For example, the Myofascial Release massage (\$100/hour) is a more intense massage aimed to release tight



# HEDGEROWS

*Small Town Charm*  
**BIG CITY CONVENIENCE**  
In the Heart of Estate Country



*You'll Feel Right at Home*

Located in Gwinnett from the **High \$400s**  
Sales & Information: **678-482-9767**

#### HEDGEROWS CLUB & FAMILY PARK:

Community Clubhouse • Junior Olympic Swimming Pool  
Water Slide • Children's Pool • Informal Playfield  
Tennis Center • Sidewalks • 23 Acres of Green Space  
Children's Playground • Basketball Court

**Historic Buford • Mill Creek Schools**

Directions: I-85 north to Exit 115, SR 20/Buford. Turn right on Mall of Georgia Blvd. Turn right onto Gravel Springs Rd. Travel to Camp Branch Rd. Turn left. Hedgerows will be on your left just past Ivy Creek Rd.

Information is believed accurate, but not guaranteed.

