

she tailored to address the characteristics of specific areas and to actually repair the damage, using a series of Institut' DERMed cleansers, masks, moisturizers, and sunblock. During the facial she used lights and a mirror to excavate dirty or clogged pores. At the end we felt seriously scrubbed and dewy. We hardly ever buy the products, but we bought these.

YOU SHOULD KNOW: This isn't the place to go if you want fully relaxing self-indulgence—the massage is good but short. The focus is on fixing the damage you've inflicted on your skin.

3726 Roswell Road, 404-261-5199, idermed.com

SPA OM MAGIE

SERVICES INCLUDE: massage (\$50-\$145); facials (\$60-\$175), body treatments (\$60-\$150); microdermabrasion (\$85-\$150). Also holds holistic yoga and healing classes.

THE VIBE: You'll feel like you're on an exotic getaway from the moment you step into this holistic and wellness spa, where Medi-

terranean decor is reflected in every detail.

WHAT'S TO LOVE: The sixty-minute Therapeutic Massage (\$95) accompanied by the Shirodhara Ayurvedic Treatment (\$85 for one hour), which includes a soothing stream of warm oil poured over your forehead followed by an upper-body massage. The treatment may seem unusual (especially when your therapist begins frantically waving her arms over your body to better disperse the energy around you), but it delivers on its promise "to quiet your mind."

COOLEST EXTRA: There are showers in several of the treatment rooms, so you don't have to go far to rinse off.

56 East Andrews Drive, 404-814-2444, omma-gie.com

NAILS-ONLY SPAS

10TEN NAIL BAR

This innovation from Atlanta superchain Natural Body (see page 74) offers the best of the spa's obsession with cleanliness and good-for-you products with the ease of

scheduling at a strip mall nail shop. The design's above par, with chic stacked-stone and wood decor paired with the zero-gravity reclining treatment chairs and graceful stone soaking basins.

SERVICES INCLUDE: manicures (\$20-\$30); pedicures (\$35-\$55)

WHAT'S TO LOVE: That sanitation is sacred; 10Ten technicians never clip or cut cuticles, and new implements are used for each client (you're given your file, orange stick, and buffer to take home).

WE AREN'T CRAZY ABOUT: Shuffling across the room between the soaking area and chairs.

1401 North Highland Avenue, 404-815-6690; The Avenue Webb Gin, 1350 Scenic Highway, Snellville, 770-985-8310, 10tennailbar.com

HONEY NAIL SALON AND BOUTIQUE

At Holly Reeves LaCascia's homey hive, services are performed using all-natural products and polishes that are formaldehyde- and toluene-free. With its honey-colored

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